# **PSHE Keeping Safe**

# **Keys skills**

I can say what I could do to make a situation less risky or not risky at all.

I can demonstrate strategies for dealing with a risky situation.

I can identify some key risks from and effects of cigarettes and alcohol.

I can give examples of strategies for safe browsing online.

I can identify personal information and when it is not appropriate or safe to share this.

I can get help when an unsafe situation online occurs

#### **KEY VOCABULARY**

alcohol personal
details risk (risky)
internet safety
cigarettes private
nicotine trust
medicines public
unsafe search engine
harmful situation
e-cigarettes vapes

### Questions to think about ...

## **Managing Risk**

What makes a situation risky? Can a risky situation be changed?

Why do some people choose to take risks?
Why do some people choose to avoid risky situations?

## **Staying Safe Online**

Why is it important to keep personal details safe when online?

Is all information that we see online always true?

# **Drugs and Their Risks**

What are the risks of cigarettes and alcohol? Can medicines be both helpful and harmful?

What other things can be helpful and harmful to a person's health?

What can make people take risks?





