



## Keys skills

I can keep myself safe around medicines.

I can explain that they can be helpful or harmful, and say how they can be used safely.

I can say what I do and don't like and who to ask for help.

I can give some examples of safe and unsafe secrets and I can think of safe people who can help if something feels wrong.

I can give examples of touches that are ok or not ok



### KEY VOCABULARY

medicines	feelings
tell safe	touch
worried	secret
surprise	unsafe
private	
uncomfortable	
someone you trust	

## Questions to think about ...

### Safe and Unsafe Secrets

Are secrets safe?

Do all secrets need to be kept secret?

### Appropriate Touch

Are all touches ok? If something feels wrong, what can someone do to stay safe?

How can you help someone who has been asked to keep an unsafe secret?

Who is a safe person to talk to?

### Medicine Safety

Are medicines always helpful?

How can someone stay safe with medicines?

